



# FEBRUARY

## Carolina Juniors Recruiting Newsletter

### YOUR UNIQUE JOURNEY; OWN IT

This crazy journey of recruiting and finding a home at the collegiate level will always be unique to each of you. No matter where you are in this process, your recruiting journey will look vastly different than your team mates. The comparison between our journey and that of another athlete can lead to added stress and anxiety that does nothing to help us. We must trust the process, we must trust our support network, and most importantly, we must trust ourselves.

It is crucial to take ownership of your journey and the outcome, no matter how large or active your support system may be. While support from family and other recourses will help, you must be in control. Coaches are recruiting you; not your parents! Therefore, to increase your chances of success, it is vital to take the initiative, communicate often and thoroughly, and step out of your comfort zone!

### WHAT TO KNOW

CONTACT PERIOD BEGINS  
FEBRUARY 17TH

COMMUNICATION WITH  
COACHES AND YOUR  
RECRUITING COORDINATOR  
ARE KEY

UPCOMING SHOWCASES ARE  
GREAT BUT DO NOT SKIP  
OUT ON QUALITY FILM FOR  
COACHES

ALWAYS BE MINDFUL OF  
WHAT YOU PUT ON  
SOCIAL MEDIA; COACHES  
DO LOOK!

### MARCH RECRUITING SEMINAR

#### 16s Seminar Topics

- Narrowing your Target List -
- Phone Call Coaching -
  - SportsRecruits -
  - Communication -

#### Dates and Times

South: March 8th at 6:30 pm  
North: March 16th at 6:30 pm

